

Quick Stitch: Spa Eye Pillow

Cut 2 pieces of cotton fabric 4" x 8"

- Put one piece on top of the other, right sides together, and align all sides. Stitch around using a ¼" seam.
- Leave an **OPENING** to add your ingredients on a longer side (*see arrows in diagram below*)
- Clip corners, taking care not to cut through stitching
- Turn right-side out and press (use a knitting needle or similar object to carefully push out each corner)
- Top stitch 1/8" around, leaving the opening area unstitched
- Fill with prepared mixture
 - Use a funnel, scoop or spoon
- Finish top-stitching across opening
 - Start and stop about ¼" on top of initial top stitch
 - Back stitch over start and stop of this step to secure stitches

Helpful hints:

- Use a long straight pin (or 2) to hold back the filling when top stitching the opening.
- If the corners didn't turn with a sharp angle, ease around and make rounded.
 - Due to the nature of the piece, as long as it's neat, this will not be noticeable.

